

Report for the St. Ignatius Loyola Parish Pastoral Council
Other Ministries of the Parish: iWISSH, KofC, Altar Society, CIS
May 2019

iWISSH

Source:

Amy Rogers, rogers91@sbcglobal.net

Summary:

Ignatian Women in Spirit, Service, and Hospitality (iWISSH) started in September 2018 with the goal of building friendships and community among the women of the parish with an emphasis on spiritual development and service. All events are “hosted” by members, approved by the steering committee, and posted on our Meetup calendar at <https://www.meetup.com/iWISSH-St-Ignatius-Loyola-Parish/>.

Leadership & Participants:

- Steering Committee of 3-5 women who provide direction, approve events, and manage the Meetup
- Members join by signing up through Meetup.com. All women who are registered parishioners of St. Ignatius Parish are eligible. As of April 2019, 100 women have joined, but only about 25 have participated. We are now allowing Catholic women who are not SI parishioners to join if they are referred by an existing iWISSH member.

Activities & Budget:

- All members receive magnetic name tags to wear at events and to Mass: \$5 each
- Meetup hosting fees ~\$250/year
- Funding has been entirely from member donations
- Visit Meetup to view past and future events

Other:

- iWISSH is a new experiment that hopefully will grow

Knights of Columbus

Source:

Michael Fazio (973) 747-6007

Summary:

K of C is a fraternal organization for Catholic men founded in 1880s. There are councils all over the country and the world. We serve a couple different purposes:

- We are available to the pastor to answer his needs in terms of helping out with the parish;
- We support our own programs related to faith, family life, community service
- Regular business meeting is 2nd Tuesday of the month at Our Lady of the Assumption
- Planning meeting is 4th Tuesday of the month at OLA

Leadership & Participants:

- The local council #4970 serves the Catholic parishes of Arden-Arcade and Carmichael
 - Primarily St. Ignatius and OLA; in 2017 St. John the Evangelist Parish formed their own council
 - <https://kofc4970.com/>

Activities & Budget:

- Pancake Breakfasts for Young Adult group and for breakfast with Santa event
- Raise money for a camp for people with intellectual disabilities
- Help with family bingo night, new building dedication
- Free throw contest for the school
- Annual fireworks booth to fund scholarships for 8th grade Catholic school students
- K of C has its own funds, and tries to make contributions to the parish. Modest annual dues are charged (about \$30)

Other:

- K of C is actively recruiting new members from St. Ignatius; contact Michael to join via a “beautiful” initiation process
- The council has men willing to help where needed

Altar Society

Source: Linda Kuachusri (916) 972-7778

Summary:

The Altar Society, a women’s group, was formed around 1955, when the church was built and even before the school. It is the oldest organization at St. Ignatius. Most early members had children in the school. Altar Society has taken responsibility for care of the altar and church with light housecleaning, linen care, and fundraising to buy cushions, vestments, organ tuning, kneeler restoration, etc.

Leadership & Participants:

- Women of the parish. At this time, the membership is not active because most are too old to drive or to continue activities due to health issues. Many have passed away.
- A small group still gathers for monthly meetings on the 3rd Thursday, 11:30 AM
- Board members including president, VP, recording & corresponding secretaries, finance officer serve a 2-year term; elections are next year.

- Difficult to recruit candidates; lack of new members

Activities & Budget:

- Altar Society still maintains a cleaning schedule for the church and linens
 - One crew per month, with a chairperson in charge of organizing each crew. Crew comes in once a week for their month
 - Most do it on Friday mornings after the 8 AM Mass
 - Crew will also come in for special events like funerals
 - Vacuum the confessional, dust-mop the altar, dust chairs, change tablecloth, vacuum and dust the chapel and sacristy, dust-mop the foyers
 - No cleaning of the main church and no work on bathrooms
 - Liturgical linens service
 - Pick up after 5:30 PM Mass on Sunday, return before the subsequent Saturday Mass. Take home, wash, air dry, iron, and fold according to specified instructions.
 - Volunteers do it for two weeks at a time
 - Currently managed by Kathy O'Connor
- Guest speakers at some monthly meetings
- Woman of the Year award
- In the past, their holiday-season Boutique was a major fundraiser, bringing in \$15-20,000 recently, closer to \$40,000 in the past
 - Everything was donated. Baked goods were a sensation, as well as donated hand crafts and woodworking
 - Altar Society would support if Events Committee initiates a new boutique
 - Possibly sell vendor space for booths in the gym?

Other:

- A plan is needed to transfer these tasks for when the Altar Society can no longer do them

Center for Ignatian Spirituality

Source: <https://www.stignatiussac.org/center-for-ignatian-spirituality.html>

Summary: The Center for Ignatian Spirituality provides opportunities for experiencing, learning about, and training in the Spiritual Exercises of St. Ignatius of Loyola.

Leadership & Participants:

- Director is Michael Cheney
- Open to Catholics and non-Catholics, at St. Ignatius Parish and beyond
- Some programs require an application, interview, and a sliding-scale fee

Activities & Budget:

- Two-year program to train Spiritual Directors who are qualified to give the Exercises
- SEEL: the Spiritual Exercises in Everyday Life (19th Annotation). To participate in this guided retreat, apply by June for program that runs September to May.
- Prayer Practicum: a weekly group experience of personal prayer and discussion about spiritual struggles and concerns. No application or fee; just show up

CENTER FOR IGNATIAN SPIRITUALITY



**2019-2020
APPLICATIONS
CURRENTLY BEING
ACCEPTED**

For more information, visit stignatiussac.org/center-for-ignatian-spirituality.html or contact Mr. Michael Cheney, Director, at (916) 482-9666 or mcheney@stignatiussac.org

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The Center for Ignatian Spirituality provides opportunities for experiencing, learning about, and training in the Spiritual Exercises of St. Ignatius of Loyola (1491-1556). Participation in all programs except the Prayer Practicum of the Center require an application, interview and acceptance process.

IN 2019-2020 THE CENTER FOR IGNATIAN SPIRITUALITY WILL OFFER THE FOLLOWING PROGRAMS FOR THOSE INTERESTED:

GIVING THE EXERCISES. Two-year training in understanding and giving the Spiritual Exercises, especially as exemplified in the 8-month 19th Annotation version of the Spiritual Exercises of St. Ignatius of Loyola. Courses run from September to May. *Register by August 15th, 2019.*

SEEL – the Spiritual Exercises in Every Day Life. Experience of the 19th Annotation version of the Spiritual Exercises involves meeting weekly with a spiritual director and daily prayer. The program runs from September 2019-May 2020. *Apply by June 2019.*

SPIRITUAL FORMATION PROGRAM FOR THE DEACONS AND SPOUSES OF THE SACRAMENTO DIOCESE. Four-hour, once a month introduction to Ignatian spirituality, part of the four-year formation program offered to candidates for the permanent diaconate program of the Diocese of Sacramento.

THE 30-DAY EXERCISES. A silent directed retreat is offered only during the summer in association with the Jesuit Retreat Center of Los Altos.

SPIRITUAL DIRECTION. Individual once a month spiritual direction by directors trained in Ignatian Spirituality is offered based on the availability of directors.

PRAYER PRACTICUM. A weekly group experience of 30 minutes of personal prayer, followed by the opportunity to ask confidential questions about spiritual struggles and concerns. The practicum is open to anyone; having much, little or no personal experience with prayer. No application or fee is required. Meets Tuesdays either at 9am or 7pm.

**A sliding payment scale is available for programs based on ability to pay and discussion between the person and the Center's Director. Visit our St. Ignatius Parish website for more information at www.stignatiussac.org/center-for-ignatian-spirituality.html*

THE SPIRITUAL EXERCISES

The Spiritual Exercises are a compilation of meditations, prayers, and contemplative practices developed by St. Ignatius Loyola to help people deepen their relationship with God. For centuries the Exercises were most commonly given as a "long retreat" of about 30 days in solitude and silence. In recent years, there has been a renewed emphasis on the Spiritual Exercises as a program for laypeople. The most common way of going through the Exercises now is a "retreat in daily life," which involves a months long program of daily prayer and meetings with a spiritual director. The Exercises have also been adapted in many other ways to meet the needs of modern people.

www.ignatianspirituality.com/ignatian-voices/st-ignatius-loyola

