

Request for Receiving Spiritual Direction Center for Ignatian Spirituality

Autobiography Guidelines

Please write a 2-page typed autobiography about yourself touching briefly upon the following areas:

- Highlights in your spiritual journey – prayer, image of God, and significant events that have shaped you
- What you know and/or have experienced in regards Ignatian Spirituality and the Spiritual Exercises
- Key relationships, community service involvement.
- Hopes that you have in receiving spiritual direction
- Please include a picture of yourself