



Saint Ignatius Loyola Parish

A Jesuit Parish uniting hearts and minds in the Spirit of Jesus Christ

3235 Arden Way, Sacramento | 916-482-9666

Center for Ignatian Spirituality Giving the Exercises - 2 Year Training Program

Application

Program Year: September 2019 -May 2021

General Information

Name	Email
Address	Phone Skype
Current Parish/Church Community	
Current Work/Employment History	Professional Training
Academic History (Diploma, Degrees)	

Please respond to the following questions:

1. Describe any course work, classes, reading you have completed in the areas of Scripture, Theology, Leadership, and Ethics?
2. Describe any personal experience you have had in giving or receiving spiritual direction. If so, include the length of time of such direction. How do you understand the difference between counseling and spiritual direction?
3. If you have family, partner or other significant responsibilities, are these persons aware and supportive of your interest in the CIS program?
4. Are there any special circumstance or needs that you have that would be important for the acceptance committee to consider in your application?
5. What do you believe you are able to contribute in regards the expenses of the program?

Please write a 2-page typed autobiography about yourself touching briefly upon the following areas:

- Why you are applying to the CIS program
- Highlights in your spiritual journey – prayer, image of God, and significant events that have shaped you
- What you know and/or have experienced in regards Ignatian Spirituality and the Spiritual Exercises
- Key relationships, community service involvement.
- Hopes that you have following completion of the CIS program
- Picture of yourself
- The names of the two persons from whom you are asking a recommendation. Please ask these two persons to submit their recommendation directly to the CIS Director.

General Information

Please submit your completed application before August 15, 2019 to

Mr. Michael Cheney, Director

Mcheney@stignatiussac.org

or mail to the parish offices at

Center for Ignatian Spirituality

St. Ignatius Parish Office

3235 Arden Way, Sacramento 95825

*Upon receipt of your application and your two letters of recommendation, the director of CIS will contact you concerning your application. You should receive a confirmation of whether you have been accepted into the program by August 30, 2019. **Note: The first class of the Giving the Exercises program is an all-day retreat from 9am-4pm on Saturday, September 14, 2019 in the Parish Office Conference Room.***