



Saint Ignatius Loyola Parish

A Jesuit Parish uniting hearts and minds in the Spirit of Jesus Christ

3235 Arden Way, Sacramento | 916-482-9666

19th Annotation –Spiritual Exercises

Application

Program Year: September 2019- May 2020

General Information

Name	Email
Address	Phone Skype
Current Parish/Church Community	
Current Work/Employment History	Professional Training
Academic History (Diploma, Degrees)	

Please respond to the following questions:

1. Describe any course work, classes, reading you have completed in the areas of Scripture, Theology, Leadership, and Ethics?
2. Describe any personal experience you have had in giving or receiving spiritual direction. If so, include the length of time of such direction. How do you understand the difference between counseling and spiritual direction?
3. If you have family, partner or other significant responsibilities, are these persons aware and supportive of your interest in the 19th Annotation program?
4. Are there any special circumstance or needs that you have that would be important for the acceptance committee to consider in your application?
5. What do you believe you are able to contribute in regards the expenses of the program?

Please write a 2-page typed autobiography about yourself touching briefly upon the following areas:

- Why you are applying to take the 19th Annotation Retreat
- Highlights in your spiritual journey – prayer, image of God, and significant events that have shaped you
- What you know and/or have experienced in regards Ignatian Spirituality and the Spiritual Exercises
- Key relationships, community service involvement.
- Hopes that you have following completion of the retreat
- Picture of yourself
- The names of the two persons from whom you are asking a recommendation. Please ask these two persons to submit their recommendation directly to the CIS Director.

General Information

Please submit your completed application before **June 30, 2019** to
Mr. Michael Cheney, Director
Mcheney@stignatiussac.org

or mail to the parish offices at

St. Ignatius Parish Office
 3235 Arden Way, Sacramento 95825

Upon receipt of your application and letters of recommendation the director will contact you regarding your application. You should receive a confirmation of whether you have been accepted as a retreatant by August 30, 2019.

Note: Those accepted into the program will be contacted by their spiritual director by the second week of September, 2019.

Spiritual Exercises Reading Resources

- Brackley, Dean, *The Call to Discernment in Troubled Times*, Crossroad Publishing Company, 2004.
- Conroy, Maureen R.S.M., *The Discerning Heart: Discovering a Personal God*, Chicago: Loyola University Press, 1993.
- Dyckman, Katherine M., SNJM; Garvin, Mary, SNJM; Liebert, Elizabeth, SNJM; *The Spiritual Exercises Reclaimed: Uncovering Liberating Possibilities for Women*, New York: Paulist Press, 2001.
- English, John J., S.J., *Spiritual Freedom*, 2nd Ed., Chicago: Loyola Press, 1995.
- Fleming, David, S.J., *Like the Lightning: Dynamics of the Ignatian Exercises*: St. Louis: Institute of Jesuit Source, 2004
- Ignatius of Loyola, *Autobiography*, .O'Connor, J.F.X., S.J., New York: Benzinger Brothers, 1900. Go to:
<https://archive.org/details/stignatiusautobi00ignauoft>
- O'Brien, Kevin, S.J., *The Ignatian Adventure: Experiencing the Spiritual Exercises in Daily Life*, Chicago: Loyola Press, 2011.
- Savary, Louis M., *The New Spiritual Exercises: In the Spirit of Pierre Teilhard de Chardin*, New York: Paulist Press, 2011.
- Veltri, John, S.J., *Orientations for Spiritual Growth - Vol 2: A and B. For Those Who Accompany Others on the Inward Journey*,
 Go to:
http://www.julianmaddock.info/texts/veltri/o2/or2a_bintro.html

Additional Resources

- Aschenbrenner, George, S.J. *Stretched for Greater Glory*. Chicago: Loyola University Press, 2004.
- Barry, William A., and Connolly, William J. *The Practice of Spiritual Direction* New York: Seabury Press, 1982.
- Cowan, Marian, and Futrell, John. *Companions in Grace: Directing the Spiritual Exercises of St. Ignatius of Loyola*. St. Louis, Mo.: Institute of Jesuit Sources, 2000.

- Gallagher, Timothy M. OMV., *The Examen Prayer: Ignatian Wisdom for our Lives*. New York: Crossroad Publishing, 2006.
- Ganss, George E., S.J. *The Spiritual Exercises of St. Ignatius: A Translation and Commentary*. St. Louis: The Institute of Jesuit Sources, 1992
- Ivens, Michael, S.J. *Understanding the Spiritual Exercises*. Surrey, UK: Inigo Enterprises, 1998
- Puhl, Louis, SJ., *The Spiritual Exercises of St. Ignatius: Based on Studies in the Language of the Autograph*, Chicago: Loyola Press, 1968.
On line website of this translation with interactive sections:
<http://spex.ignatianspirituality.com/SpiritualExercises/Puhl>
- Tetlow, Joseph A., S.J. *Choosing Christ in the World: Directing the Spiritual Exercises of St. Ignatius Loyola According to Annotations Eighteen and Nineteen*. St. Louis: The Institute of Jesuit Sources, 1989
- Veltri, John, S.J., *Orientations for Spiritual Growth – Vol. 1 – Collections of Helps for Prayers*. 1993 (Retreat Center of Guelph, Ontario, Canada)
Privately published on line by Julian Maddock –
Go to
http://orientations.jesuits.ca/veltri_orientations.html or
<http://www.julianmaddock.info/texts/veltri/o1/veltri.html>